

ReaTure[®]
न्यूTRITION

REOTULSI

Ayurvedic Immunity in
Every Drop



..... INGREDIENTS

1. Punch Tulsi

(Rama Tulsi) , (Van Tulsi), (French Tulsi),
(Shyama Tulsi), (Sweet Tulsi)

2. Curcumin

3. Ginger

4. Black Pepper





RAMA TULSI BENEFITS

1. Immunity:

Rama Tulsi is believed to strengthen the immune system, potentially helping the body fight off illnesses.

2. Stress Reduction:

It's known for its calming and soothing effects on the nervous system, which can help reduce stress and anxiety.

3. Digestive Aid:

Rama Tulsi can be beneficial for digestion, helping to relieve bloating and other digestive issues.

4. Respiratory Support:

It can be helpful in managing respiratory problems like colds and coughs.

5. Anti-inflammatory:

The plant's anti-inflammatory properties may help reduce pain and inflammation in the body.





VAN TULSI BENEFITS

1. Potential Disease Prevention:

Some studies suggest that Van Tulsi may help in the prevention and management of chronic diseases like cancer, heart disease, and diabetes.

2. Enhanced Energy Levels:

It can potentially boost energy levels and improve physical endurance.

3. Other Potential Benefits:

Van Tulsi may also help with wound healing, blood sugar regulation, and improving cholesterol levels.





FRENCH TULSI BENEFITS

1. Skin and Hair Health:

French Tulsi antibacterial and antioxidant properties can help with skin issues like acne, premature aging, and infections, while also promoting hair growth and preventing dandruff.

2. Heart Health:

French Tulsi can help regulate blood pressure and cholesterol levels, potentially reducing the risk of heart disease.

3. Oral Health:

French Tulsi can help with mouth infections, ulcers, and bad breath due to its antimicrobial properties.





SHYAMA TULSI BENEFITS

1. Immunity Booster:

Shyama Tulsi is rich in antioxidants and has properties that can help strengthen the immune system.

2. Stress Management:

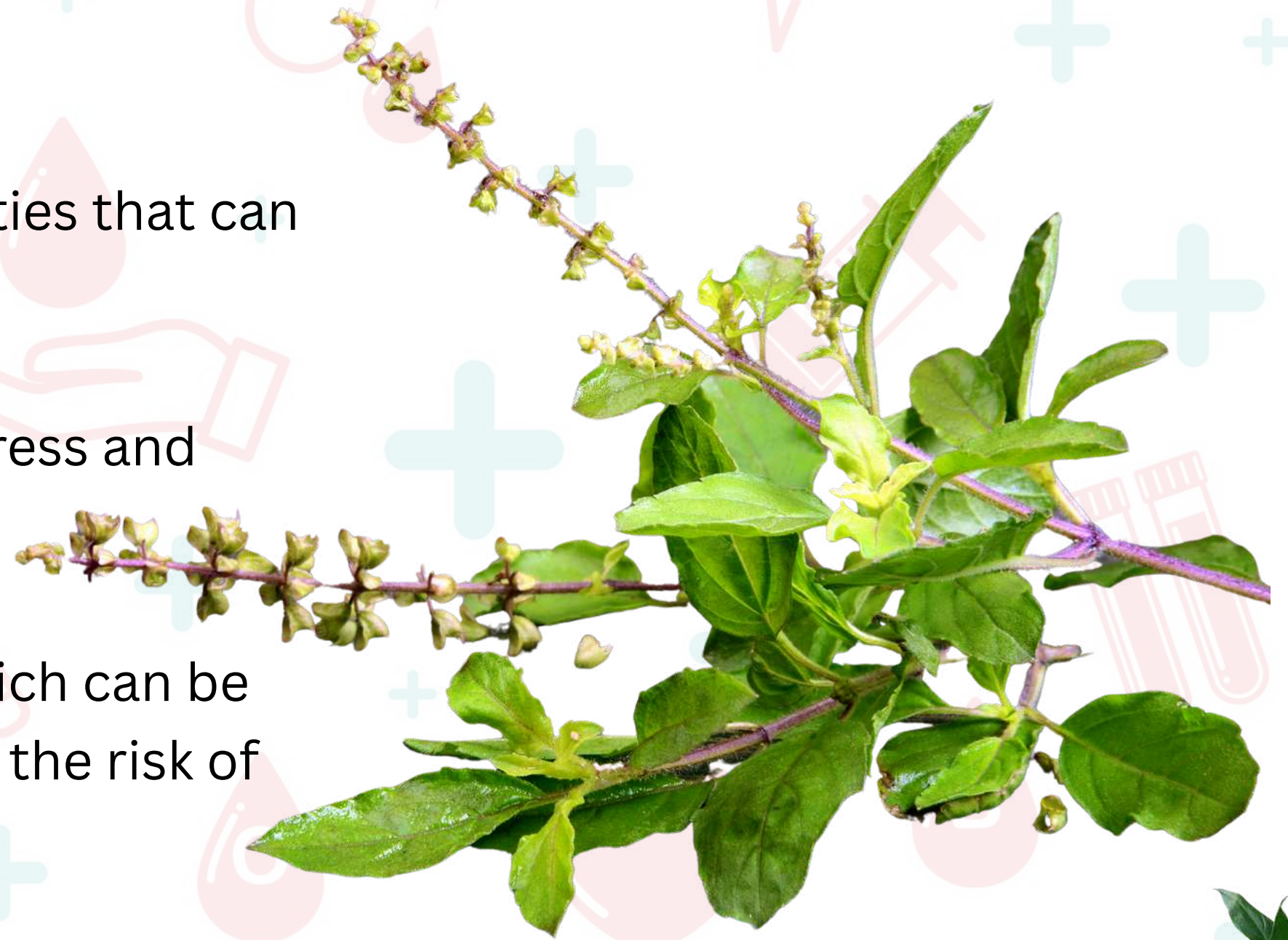
As an adaptogen, it can help the body cope with stress and promote a sense of well-being.

3. Anti-inflammatory:

Shyama Tulsi has anti-inflammatory properties, which can be beneficial for overall health and potentially reduce the risk of chronic diseases.

4. Blood Sugar Regulation:

Some studies suggest that it may help in managing blood sugar levels, making it potentially helpful for those with diabetes





SWEET TULSI BENEFITS

1. Blood Sugar Regulation:

Sweet Tulsi contains compounds like eugenol, which may help regulate blood sugar levels by stimulating the pancreas to produce insulin

2. Weight Management:

It can potentially boost metabolism and aid in fat burning, leading to weight loss, while also helping to detoxify the body.

3. Cardiovascular Health:

Tulsi may help regulate blood pressure and cholesterol levels, potentially reducing the risk of heart-related ailments. .

4. Respiratory Health:

It can help with respiratory issues, potentially easing coughs and congestion, and promoting overall lung health.





CURCUMIN BENEFITS

Boosts Brain Function:

Enhances levels of Brain-Derived Neurotrophic Factor (BDNF)

May help delay or even reverse age-related brain diseases like Alzheimer's

May Help Fight Cancer:

Affects cancer growth, development, and spread at the molecular level
(studies in lab animals & test tubes)

Controls Blood Sugar:

May improve insulin sensitivity and reduce blood sugar levels

Aids in Wound Healing:

Speeds up the healing of wounds and reduces skin inflammation

Reduces Anxiety & Depression:

Curcumin may increase serotonin and dopamine levels, improving mood

Controls Blood Sugar:

May improve insulin sensitivity and reduce blood sugar levels



GINGER BENEFITS

🌿 Aids Digestion:

- Stimulates saliva, bile, and gastric enzymes
- Relieves indigestion, bloating & gas

🤒 Fights Cold & Flu:

- Natural antiviral and antibacterial
- Eases sore throat, congestion, and chills

🤢 Relieves Nausea:

- Effective against morning sickness, motion sickness, and post-surgery nausea

❤️ Improves Heart Health:

- May help lower LDL (bad cholesterol)
- Reduces blood pressure and prevents blood clotting

🔥 Boosts Immunity:

- Rich in antioxidants that strengthen immune response

⚖️ Helps in Weight Loss :

- Improves metabolism and fat burning.
- Reduces appetite naturally



●●●●● **BLACK PEPPER BENEFITS**

🌿 **Aids Digestion:**

- Stimulates hydrochloric acid in the stomach
- Helps prevent bloating, constipation, and indigestion

🛡️ **Strong Antioxidant Properties:**

- Neutralizes free radicals and reduces oxidative stress

🧬 **Anti-Cancer Properties (Research Stage):**

- Piperine may slow down the growth of certain cancer cells in lab studies

❤️ **Improves Heart Health:**

- Helps regulate blood pressure and cholesterol levels

🔥 **Boosts Immunity:**

- Rich in antioxidants that strengthen the immune response

⚖️ **Helps in Weight Loss :**

- Improves metabolism and fat burning.
- Reduces appetite naturally

😷 **Clears Respiratory Tract :**

- Acts as a natural decongestant
- Useful in treating cold, cough, and asthma

