

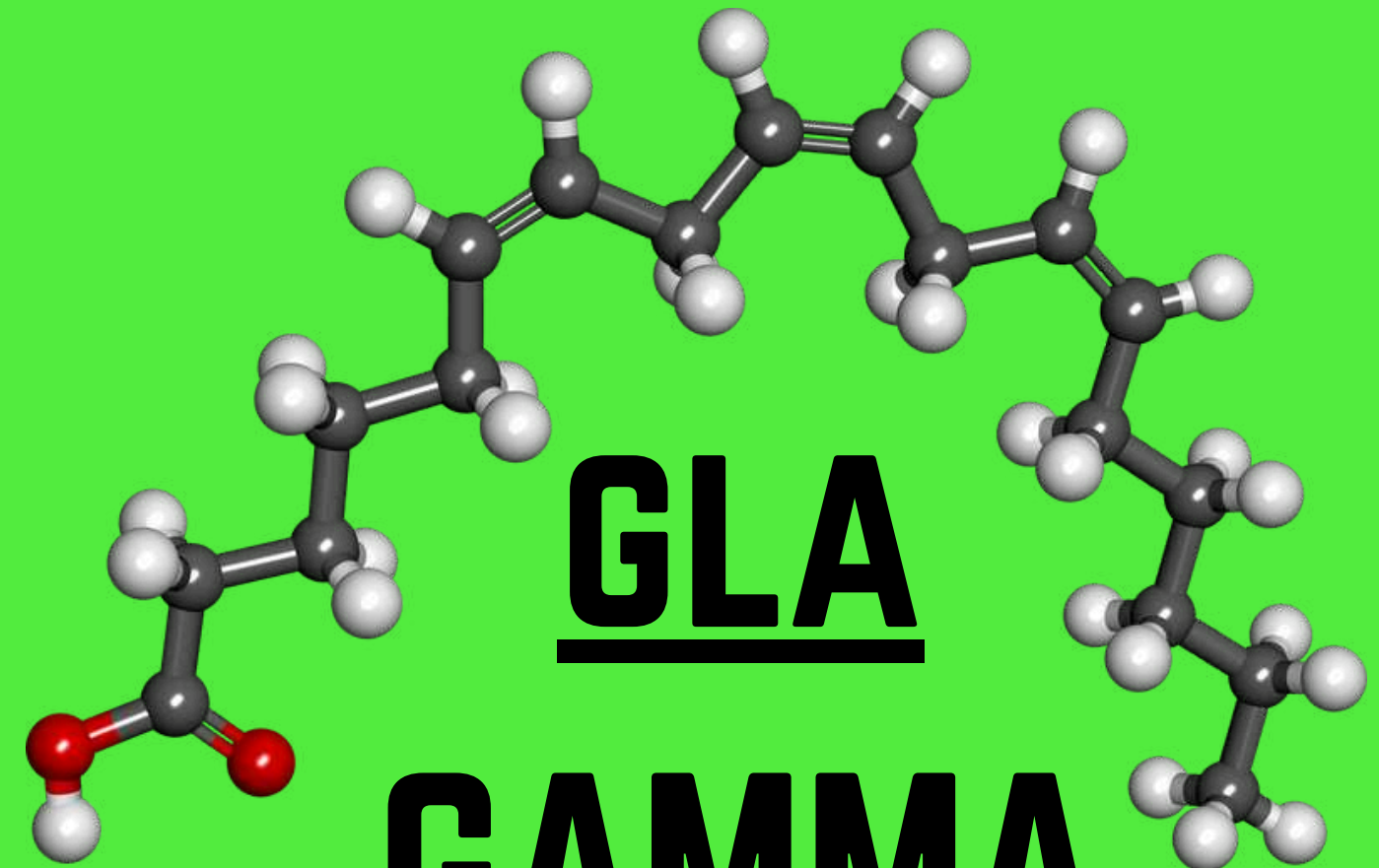
ReaTure[®]
न्यूTRITION

REOMEGA 1100-DHA



"Fuel Your Mind,
Strengthen Your Heart,
and Revive Your Body with
ReoMEGA"

2 PLUS POINTS



GLA

GAMMA

LINOLENIC ACID

INGREDIENTS

- 1- FLAX SEED EXTRACT
- 2- SEA BUCKTHORN
- 3- DHA(PLANT BASE)
- 4- BLACKSEED EXTRACT
- 5- CHIA SEED EXTRACT
- 6- HEMP SEED EXTRACT
- 7- ALGAL OIL POWDER
- 8- PERILLA SEED POWDER
- 9- BORAGE OIL POWDER
- 10-CURCUMIN 95%





FLAX SEED EXTRACT BENEFITS

Cancer Prevention:

Flaxseed contains lignans, plant compounds with antioxidant and potential anticancer properties. Research indicates that flaxseed may help reduce the risk of breast, prostate, and colon cancers, particularly in postmenopausal women.

Digestive Health:

The high fiber content in flaxseed, both soluble and insoluble, promotes healthy digestion, relieves constipation, and can act as a prebiotic, nourishing beneficial gut bacteria.

Blood Sugar Regulation:

Flaxseed can help stabilize blood sugar levels due to its fiber content, which slows down the absorption of carbohydrates.

Skin and Hair Health:

Omega-3 fatty acids in flaxseed can hydrate and nourish the skin, potentially reducing dryness and improving skin elasticity.

Flaxseed may also promote hair growth and improve scalp health.





FLAX SEED EXTRACT BENEFITS

immunity:

Its antioxidant and anti-inflammatory properties may strengthen the immune system and help the body fight off infections.

Digestion:

Sea buckthorn can support digestive health and potentially help with issues like ulcers and reflux esophagitis.

Liver Health:

It may aid in liver detoxification and promote liver cell regeneration due to its high content of healthy fats and antioxidants.

Anti-inflammatory:

Sea buckthorn has anti-inflammatory properties that can be beneficial for conditions like arthritis.

Diabetes Management:

It may help with better glucose management and overall wellness for individuals with diabetes.

Eye Health:

It may help relieve inflammation and reduce oxidative damage in the eyes.



DHA(PLANT BASED) BENEFITS

1. Brain health

- **Fetal and Infant Development:**

- DHA is essential for healthy brain and eye development in babies, particularly during the third trimester of pregnancy and the first two years of life. Studies show a link between higher maternal DHA levels and better problem-solving skills in infants. Preterm infants have

2. Heart health

- DHA helps maintain a healthy cardiovascular system by reducing triglycerides, improving cholesterol levels, and promoting smooth blood flow.

3. Anti-inflammatory effects

- DHA possesses anti-inflammatory properties, which may help reduce the risk of chronic diseases associated with aging, such as heart disease and rheumatoid arthritis.
- It may help balance the excess of inflammatory omega-6 fatty acids often found in Western diets.

4. Pregnancy outcomes

- Adequate DHA intake during pregnancy may reduce the risk of early preterm birth, with some studies suggesting 600–800 mg daily can significantly lower this risk.

5. Ethical and Environmental:

- Vegan DHA is sourced from microalgae, avoiding overfishing and protecting marine ecosystems.



BLACKSEED EXTRACT BENEFITS

Heart Health:

May help lower blood pressure and improve cholesterol levels, supporting overall cardiovascular health.

Immune System Support:

Black seed oil may act as a natural immuno-booster, potentially enhancing the activity of immune cells involved in the body's defense system.

Digestive Health:

Known for its anti-inflammatory and antioxidant properties, black seed oil may soothe the digestive tract and relieve issues like bloating, gas, and indigestion.

Bone Health:

May enhance calcium absorption and reduce bone degradation, benefiting individuals with osteoporosis or a family history of bone diseases.

May Aid Sleep:

Some studies suggest that black seed oil may help reduce insomnia and anxiety, promoting more restful sleep





CHIA SEED EXTRACT BENEFITS

Weight Management:

The high fiber content in chia seeds can promote feelings of fullness, potentially leading to reduced calorie intake and aiding in weight loss.

Digestive Health:

Chia seeds are a great source of fiber, which can help regulate bowel movements and support a healthy digestive system.

Blood Sugar Control:

Studies suggest that chia seeds may help improve blood sugar control and insulin sensitivity, making them beneficial for people with diabetes or those at risk.

Bone Health:

Chia seeds are a good source of calcium, magnesium, and phosphorus, all essential for maintaining strong bones and teeth.

Antioxidant Properties:

Chia seeds contain antioxidants that can help protect the body against cell damage caused by free radicals.





HEMP SEED EXTRACT BENEFITS

Pain relief:

Some individuals may find that the anti-inflammatory properties of hemp seed extract offer relief from pain associated with conditions like arthritis or muscle soreness.

Hormone balancing:

The GLA present in hemp seed extract has been linked to hormone regulation and may help alleviate symptoms of hormonal imbalances and menstrual discomfort in some individuals.

Improved cognitive functioning:

Essential fatty acids in hemp seed extract can support brain health and cognitive function.

Immune system booster:

Essential fatty acids like Omega-3 and Omega-6 support a healthy immune system by aiding in the production of endocannabinoids, which regulate immune response and promote immune cell function.

May help with PMS and menopause symptoms:

Due to its high levels of GLA, hemp seeds may help reduce symptoms associated with PMS and menopause





ALGAL OIL POWDER BENEFITS

Anti-Inflammatory Properties:

Algal oil may help reduce inflammation in the body, potentially benefiting conditions like arthritis and other inflammatory diseases.

5. Sustainable and Vegan Source:

Algal oil provides a sustainable and eco-friendly alternative to fish oil, reducing reliance on overfished sources.

It is a suitable option for vegetarians and vegans who may not get enough omega-3s from their diet.

6. Pregnancy and Infant Development:

DHA from algal oil is essential for fetal brain and eye development during pregnancy and breastfeeding.

7. Potential Benefits for Depression and Anxiety:

Studies suggest that omega-3s, particularly EPA, may help reduce symptoms of depression and anxiety.

8. May support autism and ADHD symptoms:

Some evidence suggests that algal oil may positively impact social communication, behavior, and emotional regulation in people with autism.





PERILLA SEED POWDER BENEFITS

Skin Health:

Perilla seed oil can be beneficial for skin health, helping to moisturize, reduce inflammation, and potentially alleviate symptoms of acne and allergic reactions.

Antioxidant Properties:

Perilla seeds are rich in antioxidants, which can help protect against oxidative stress and potentially reduce the risk of chronic diseases.

Cardiovascular Health:

The high omega-3 fatty acid content, particularly alpha-linolenic acid, may contribute to improved cardiovascular health by potentially reducing the risk of blood clots and supporting heart function.

Cognitive Function:

Some studies suggest that perilla seed oil may have positive effects on cognitive function and mental health, potentially supporting brain health and reducing the risk of cognitive decline.

Gastrointestinal Support:

Perilla extracts have been shown to help with gastrointestinal discomfort, potentially improving symptoms of bloating, gas, and feelings of fullness.



BORAGE OIL POWDER BENEFITS

Skin health:

Borage oil's moisturizing, anti-inflammatory, and antioxidant properties make it a viable skincare ingredient. It can help reduce redness and inflammation associated with conditions like eczema, psoriasis, and dermatitis. Studies suggest topical application of borage oil shows promising results for skin conditions compared to oral supplementation.

Hormonal balance:

Borage oil may help regulate hormones, particularly in women experiencing symptoms of premenstrual syndrome (PMS) or menopause. It is believed to help regulate the production of prostaglandins, which play a role in the menstrual cycle and menopause.

Joint health:

The anti-inflammatory qualities of borage oil may help reduce inflammation and pain caused by conditions like rheumatoid arthritis and osteoarthritis. Some research suggests borage oil could ease joint pain, swelling, and tenderness in people with RA.

Cardiovascular health: Borage oil's GLA content has been linked to potential benefits in preventing cardiovascular disorders by reducing inflammatory responses and potentially affecting cholesterol levels. It may also slow the progression of cardiac remodeling after myocardial infarction and congestive heart failure. However, further research is needed to confirm these effects.



CURCUMIN 95%

Pain Relief:

It can help alleviate joint pain and stiffness, making it beneficial for those with arthritis.

Antioxidant:

As a potent antioxidant, curcumin 95 helps neutralize harmful free radicals in the body, protecting cells from damage.

Immunity Booster:

Curcumin 95 can support the immune system, helping the body fight off infections and illnesses.

Brain Health:

Some research suggests that curcumin 95 may improve cognitive function, enhance mood, and even protect against neurodegenerative diseases like Alzheimer's.

Heart Health:

It may help lower cholesterol levels, improve blood vessel function, and support overall cardiovascular health.

Potential Anticancer Properties:

Studies indicate that curcumin 95 may inhibit cancer cell growth and metastasis.

