

Still Counting
Sheeps???

For a
restful sleep
and refreshed
morning


ReoREST

Restores Sleep Naturally



For a **restful sleep**
and refreshed morning



ReoREST

Restores Sleep Naturally

- **Valerian Root extract**
Significantly promotes sleep quality and prevents the symptoms of anxiety, and depression.
- **L-Theanine**
Reduces stress and anxiety in stressful conditions by relaxing the brain.
- **Chamomile Extract**
Reduces ACTH levels in stressful conditions and exhibits benzodiazepine-like hypnotic activity.¹
- **Passion Flower Extract**
Boosts GABA levels in brain to help relax and manage sleep irregularities.²
- **Melatonin**
Significantly reduces sleep disturbances and increases duration and quality of sleep.³
- **Jatamansi**
Enhances mental calmness and balance, combating insomnia, improves memory and mental alertness.
- **Ashwagandha**
Effective for neuropsychiatric conditions with good safety profile.⁴

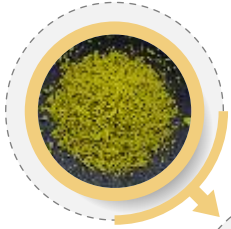
1. Biol Pharm Bull. 2005;28:808–810, 2. Phytother Res. 2011 Aug;25(8):1153–9, 3. J Neurol. 2022 Jan;269(1):205–216.

4. Medicine (Baltimore). 2019 Sep; 98(37): e17186, Curr Neuropharmacol. 2021 Sep 14; 19(9): 1468–1495.

18 Natural Ingredients

that supports better sleep

L THEANINE



MAGNESIUM



MELATONIN



PIPERINE



VALERIAN
ROOT EXTRACT



CHAMOMILE
FLOWER



SEROTONIN
(5-HYDROXYTRYPTOPHAN)



PASSION FLOWER



1 The Synergy of powerful herbs makes it unique.

2 Helps mood swings, causes calmness, removes depression and irritability due to stress & PMS.

3 Helps restore the quality of natural sleep cycle, reduces excessive daytime sleepiness and boosts mood.

More than just Melatonin...

Promotes
Sleep Quality

Reduces
Stress & Anxiety

Enhances
Mental
Calmness

Rejuvenates
The Nervous
Function

Boosts
GABA Levels

